

**FIDDLEHEAD FROLIC 2009
PRE-REGISTRATION FORM**

Register now: save money AND get a button!

Please send your check (with self-addressed stamped envelope)—payable to Hands Four Dancers of Ithaca—by March 24 to: HFDI Fiddlehead Frolic, P. O. Box 176, Ithaca, NY 14851-0176.

NAME

E-MAIL

ADDRESS

CITY

STATE

ZIP

	COST AT DOOR	ADVANCE COST	#	TOTAL COST
ALL DAY	\$30	\$25		
12-12	\$25	\$20		
AFTERNOON	\$15	\$14		
12-6:30	\$12	\$11		
EVENING	\$17	\$16		
6:30-12	\$14	\$13		
HFDI MEMBERSHIP (one year)	\$12	\$12		
TOTAL				

About HFDI

Hands Four Dancers of Ithaca (HFDI) is a member-run organization dedicated to bringing great dance and music to the Ithaca, New York area. Formed in 2003 as a non-profit affiliate of the Country Dance and Song Society, HFDI sponsors five or six dances and special events a year. All of these are open to the general public.

More Information

For additional information, please visit our web site at www.hands4dancers.org or call 607.539.3174.

Directions

From the west or south: Go north on Route 13 to Dey Street. Turn right on Dey, take first left onto West Lincoln Street, and left again on Cayuga Street. Go 0.6 miles and arrive at Boynton Middle School (on the right).

From the north or east: Take Route 13 south down the hill that overlooks Cayuga Lake. Take Stewart Park/Route 34 exit. Turn right at stop sign. Go 0.1 mile and turn right again onto Route 34 (Lake Street). Take the first driveway on the right after North Cayuga Street into the parking lot of Boynton Middle School.

ALL-DAY **CONTRA DANCE**

HANDS FOUR DANCERS OF ITHACA
PRESENTS ITS THIRD ANNUAL

**FIDDLEHEAD
FROLIC**

featuring
**PHANTOM POWER,
SUE ROSEN,
CONTRAPASSO, and OTHERS**

April 4, 2009

NOON—MIDNIGHT

Twelve hours of
New England Contras,
English Country Dance,
Workshops, and more . . .

Boynton Middle School
1601 North Cayuga Street
Ithaca, New York

FIDDLEHEAD

FROLIC 2009

Dance Schedule

MAIN HALL

1:00–2:30 p.m.: *Contras*
Phantom Power
Calling by Sue Rosen

2:45–4:15 p.m.: *Contras*
Contrapasso
Calling by Nancy Spero

4:30–5:00 p.m.: *Contra Medley*
Contrapasso & Friends
Calling by Katy Heine

5:15–6:15 p.m.: *Scandi Workshop*
Laurie Hart & Steffan Ohlström
Instruction by Pamela Goddard
& Dick Darlington

Potluck Supper

7:00–8:15 p.m.: *English Country Dances*
Contrapasso
Calling by Pamela Goddard

8:30–Midnight: *Contras*
Phantom Power
Calling by Sue Rosen

www.hands4dancers.org

CAFETERIA

Noon–1:00 p.m.: *Waltz Jam Sandwiches*
Open Waltz Jam & Light Lunch
Eat, dance, and play!

1:00–2:45 p.m.: *Jamming*

2:45–3:45 p.m.: *Musicians' Workshop*
Lissa Schneckenburger & Bruce Rosen

3:45–? p.m.: *Jamming*

6:00–7:00 p.m.: *Potluck Supper*
**Please bring a dish to share and
your own place setting**

7:00–8:00 p.m.: *Callers' Workshop*

Food

We will provide fixings for a light lunch (bread, spreads, etc.) at the beginning of the day. For supper, we invite you to join us for a potluck.

Accommodations

If you're coming from out of town, we'll be happy to help you find a place to stay. For information about hospitality, please e-mail info2@hands4dancers.org.

The Bands

PHANTOM POWER—Lissa Schneckenburger on fiddle and Bruce Rosen on keyboard—is a high-energy New England contra dance band that has delighted and excited dancers across the U.S. Called a “world-class fiddler” by *Sing Out*, Lissa captures the driving rhythm and carefree joy of dance tunes old and new. On keyboard, Bruce delivers imaginative and sensitive accompaniment. “Phantom Power gives you dance music at its finest,” says caller and dance choreographer Sue Rosen, who will be leading the dances. “Their playing lifts your spirits and your feet.”

CONTRAPASSO, the Ithaca-based fiddle/piano duo of classically trained musicians Tim Ball and Roberta Truscello, is in high demand for spirited contra and English country dances. Tim is a senior music major at Ithaca College, where he has been in many chamber music and jazz ensembles and symphony orchestras. Roberta has played for English country and contras throughout the region and has founded a host of bands, including The Free Radicals, Drosophila's Maggot, and Lost in Austen.

Friday Night Dance

Come early and dance at Ithaca's regular Friday night dance at the Bethel Grove Community Center. For more info, go to www.tedcrane.com/TCCD/.